

HAND AND FOOT ADD-ONS

PARAFFIN WAX \$20

CHINESE HERBOLOGY RENEWAL \$20

Smooth, soften, relieve tension and revitalize with this microtreatment. Feet will look completely softer, smoother and younger.

JUST FOR HIM

MEN'S FACIAL

30 minutes \$60 60 minutes \$95

Specifically designed for men. Created to address razor burn, dryness, ingrown hair, and clogged pores.

MEN'S PEDICURE

45 minutes \$60

Let us do all of the work! Treatment includes an invigorating foot soak, a light exfoliation, nail care, and foot massage.

HIKER'S BOOT

45 minutes \$75

Ideal for exhausted feet. This treatment includes hot towels, salt scrub exfoliation, mask and is finished with a massage.

MEN'S SPORTS PACKAGE

2 hours 15 minutes \$215

Includes a 60-minute Deep Tissue/Sports Massage, Hiker's Boot treatment and a 30-minute Men's Facial.



SPA ETIQUETTE

PLAN AHEAD

We recommend scheduling your appointment prior to your visit. You may make an appointment in-person, over the phone or online. All guests of Sandhill Spa are provided full access to the Sports and Fitness Center with pool, sauna, and hot tub.

CANCELLATIONS

Please provide a minimum of 24 hours notice for individuals and 48 hours for groups of 3 or more. No-shows and cancellations made with less than 24-hour notice will be charged the full service price.

GRATUITIES

Gratuities are not included in pricing. All gratuities for service providers are at the guest's discretion.

ARRIVAL & ATTIRE

Please arrive 15-20 minutes prior to your appointment. A robe and slippers are provided for your use during your visit.

CELL PHONES

To ensure a relaxing environment for all spa guests, kindly turn off all cell phones before entering the spa.

GIFT CERTIFICATES

Our gift certificates make the perfect gift for someone special. Call us at 541.850.5547 or visit RunningY.com/SandhillSpa to purchase one today.

LIFE-CHANGING JOURNEYS AWAIT
AT SANDHILL SPA



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SANDHILL SPA SERVICE MENU

LIVE WELL

541.850.5547

RUNNINGY.COM/SANDHILLSPA

HAND AND FOOT CARE

ULTRA-DETOX CHEMICAL PEEL

20 minutes \$40

A powerful, non-surgical chemical peel for arms that results in smoother, brighter, younger-looking skin.

SPA MANICURE

45 minutes \$45

An indulgent treatment where your nails are carefully shaped, cuticles gently hydrated, and arms and hands are massaged with a luxurious moisture rich treatment. Nails are left polished to a shine.

HAND & FOOT SOAK/MASSAGE

30 minutes \$50

Includes a 10-minute foot soak and 5-minute massage for each hand and foot.

EXPRESS PEDICURE

45 minutes \$60

Let us do all of the work! Treatment includes an invigorating foot soak, a light exfoliation, nail care, and foot massage.

RY SIGNATURE PEDICURE

60 minutes \$65

Rejuvenate your feet with this relaxing treatment. Enjoy a foot soak, light exfoliation, nail care, foot massage, and nail polish.

ULTIMATE SPA PEDICURE

60 minutes \$75

Feel completely renewed with this ultimate foot treatment. Enjoy everything in the signature pedicure, as well as shellac polish.

ADDITIONAL POLISH OPTIONS

Shellac Manicure **\$55** Shellac Removal **\$30**
Shellac Polish Only **\$35** Regular Polish Change **\$25**

CHILDREN UNDER 12

(with Adult Paid Service)

Manicure **\$20** Pedicure **\$30**

MASSAGE

SANDHILL MASSAGE

60 minutes \$85 75 minutes \$105
90 minutes \$125

Swedish massage techniques help ease muscle aches, relieve tension and improve circulation.

DEEP TISSUE/SPORTS MASSAGE

60 minutes \$95 75 minutes \$120
90 minutes \$145

Uses therapeutic techniques to concentrate on problem areas to relieve tired muscles.

MOMMY TO BE MASSAGE

60 minutes \$95 75 minutes \$120

This therapeutic massage uses light to deep pressure to soothe and relieve pain caused by pregnancy.

EAST/WEST BLEND MASSAGE

60 minutes \$95 75 minutes \$120
90 minutes \$145

A symbiotic blend of Swedish, Trigger Point, Neuromuscular Therapy, Reiki, Shiatsu and Thai techniques to give your body a feeling of renewal and vitality.

KLAMATH RIVER HOT STONE MASSAGE

60 minutes \$100 75 minutes \$125
90 minutes \$150

Heat-retaining stones and Swedish massage techniques are used to melt away stress and promote relaxation.

COUPLE'S RETREAT MASSAGE

60 minutes \$225 75 minutes \$250
90 minutes \$275

Enjoy a relaxing massage with a loved one or friend in the privacy of our spa suite designed for two.

Add-ons to any massage:
Cupping \$15

BODY TREATMENTS

SEASONAL SCRUB

45 minutes \$65
Inquire at spa front desk.

TROPICAL COCONUT BODY POLISH

45 minutes \$65

A combination of raw sugar cane and rich virgin coconut oil creates a natural exfoliation revealing smooth, hydrated, radiant skin.

HYDRATING BODY WRAP

45 minutes \$90

A moisturizer that intensifies hydration, enhances skin defenses and moisturizes even the most damaged skin.

SEA MUD AND ALGAE WRAP

60 minutes \$90

Selected clays that are blended with essential oils rich in anti-inflammatory, hydrating and healing properties to assist the body in purging toxins.

CHINESE HERBOLOGY BODY POLISHING WRAP

60 minutes \$90

Experience Bioelements therapeutic body exfoliation that uses medicinal Chinese herbs to smooth and retexturize your skin from neck to toes.



FACIALS

EXPRESS FACIAL, PEEL OR LIFT

30 minutes \$60

When your time is limited, cleanse, treat, mask and moisturize - revealing fresh glowing skin.

GOLD FACIALS

60 minutes \$95

Choose One: Acne, Back, Custom, Calming

PLATINUM FACIALS

60 minutes \$115

Choose One: Collagen, Radiance, Firm & Lift, Vitamineral, Ultra Detox, Powerful Surface Peel, Enzyme Exfoliation

DIAMOND FACIALS

60 minutes \$125

Choose One: Chinese Herbology, Depigmenting & Brightening, Pollution Neutralizing

FACIAL UPGRADES

MICRODERMABRASION

\$20

A noninvasive procedure that gently exfoliates away the top layer of dead skin cells, while also stimulating collagen growth, to reveal healthy, new skin that looks and feels smoother.

V-NECK FIRMING MASK

\$20

Designed to instantly firm and tighten sagging neck and v-area tissue.

EYE SMOOTHER

\$20

Smooth the look of crows feet and brighten dark circles with this express anti-aging treatment.

PACKAGES

EXPRESS HEAD TO TOE PACKAGE

2 hours \$170

Express Facial, Body Scrub, Express Pedicure

ULTIMATE RENEWAL PACKAGE

2 hours 45 minutes \$215

60-minute massage, 60-minute customized facial, and a body polish

REJUVENATION PACKAGE

3 hours \$225

60-minute Sandhill Massage, 60-minute facial, and 60-minute pedicure

CUSTOM SPA PACKAGE

If you cannot find what you are looking for, we will gladly customize a spa package suited to your needs. Please call us at 541.850.5547, so we can assist you in creating the perfect spa experience.

WAXING

Eyebrows	\$15	Under arm	\$25
Lip	\$15	Arm	\$40
Chin	\$15	Forearm	\$30
Nose	\$15	Half leg	\$35
Ears	\$15	Full leg	\$75
Two of above	\$20	Male chest	\$35
Full Face	\$40	Male back	\$35
		Bikini	\$40
		Brazilian	\$70

