



SANDHILL SPA
RUNNING Y RANCH RESORT

Spa Menu



541.850.5547
RunningY.com/SandhillSpa

Massage

Swedish Relaxation

60 min \$85 | 75 min \$105 | 90 min \$125

A smooth, gentle, flowing style that promotes relaxation, releases tension and improves circulation. Uses light to medium pressure.

Deep Tissue

60 min \$95 | 75 min \$120 | 90 min \$145

Realigns deeper layers of muscles and connective tissue. Uses deep pressure and deep movements.

Hot Stone

75 min \$135 | 90 min \$160

Smooth, heated stones are placed on specific parts of your body and used to promote relaxation.

Expecting Moms

60 min \$95 | 75 min \$120

Modifications made for expecting mothers and a pregnancy pillow for comfort. 1st trimester encouraged to bring a doctor's note.

Ashiatsu

75 min \$135 | 90 min \$160

Ashiatsu therapy is a barefoot massage technique in which the therapist delivers deep, broad, consistent pressure while utilizing their feet and body weight.

Couples Retreat Massage

60 min \$225 | 75 min \$250 | 90 min \$275

A relaxing massage with a loved one or friend in the privacy of our spa suite designed for two.

Couples Massage Add-Ons

Deep Tissue

60 min \$10pp | 75 min \$15pp | 90 min \$20pp

Soaking Tub

30 min \$30

Cupping to Any Massage \$15

Ask about other specialty massages.

Body Treatments

Chinese Herbology Body Wrap

60 min \$90

Experience Bioelements' therapeutic body exfoliation that uses medicinal Chinese herbs to smooth and retexturize your skin from neck to toes.

Seasonal Body Scrub

30 min \$65

Inquire at the spa front desk.

Tropical Coconut Body Polish

30 min \$65

We start by brushing your body before scrubbing with a combination of sugar and rich virgin coconut oil which creates a natural exfoliation revealing smooth, hydrated, radiant skin.

Mud Wrap

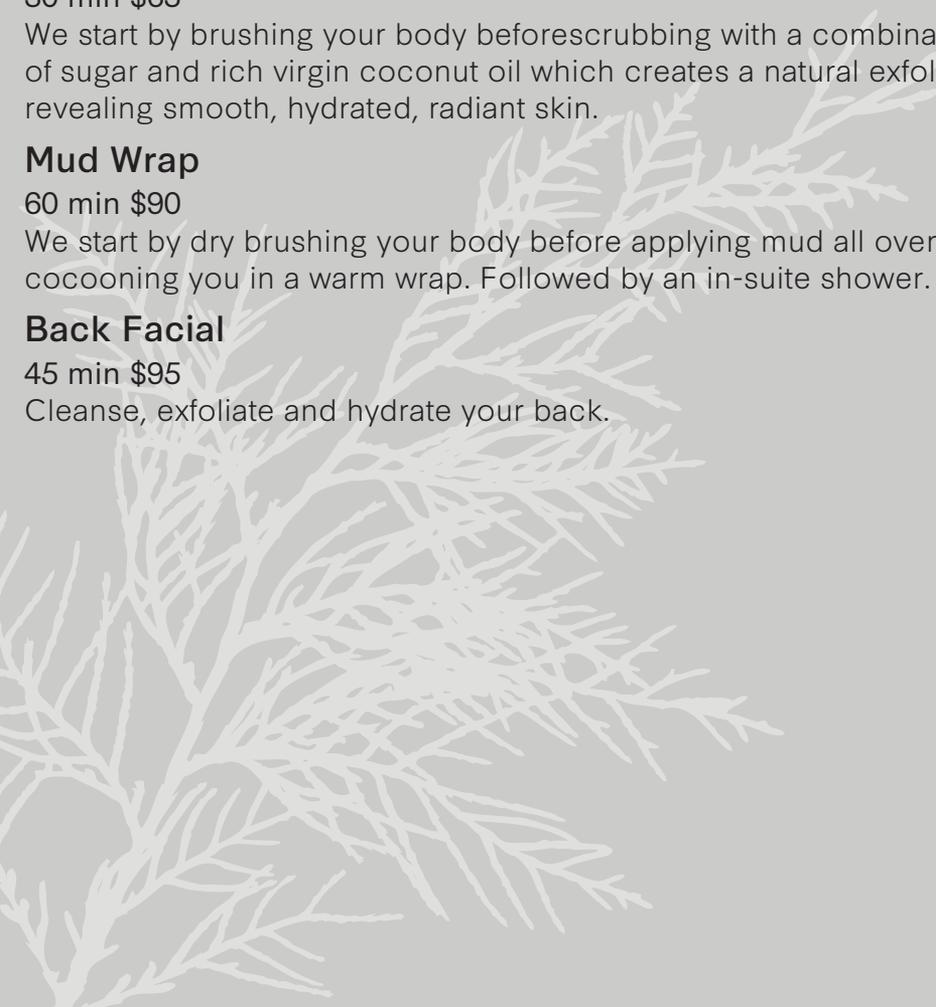
60 min \$90

We start by dry brushing your body before applying mud all over and cocooning you in a warm wrap. Followed by an in-suite shower.

Back Facial

45 min \$95

Cleanse, exfoliate and hydrate your back.



Facials

Custom Facial

30 min \$75 | 60 min \$95

Custom blended for your skin's needs.

Teen Facial

60 min \$95

Designed specifically for teen skin to help with stress-related breakouts, dark circles and dullness. Education for daily skin care.

Anti-Aging Firm & Lift

60 min \$115

Uses ingredients that are targeted to aging skin to help tighten and re-hydrate.

Vita Mineral Deep Detox Facial

60 min \$115

Deep cleans pores to filter out toxins and even the skin's tone.

Chinese Herbology Facial

60 min \$125

Uses ancient herbal granules to smooth, brighten and completely revitalize skin.

Resurfacing

60 min \$125

For inflamed breakout-prone skin, surface wrinkles, and even post-acne dark spots.

Depigmentation

60 min \$125

Regeneration of the epidermis; lightens superficial skin imperfection spots.

Facial Add-Ons

Microdermabrasion \$20

Eye Smoother \$20

V-Neck Smoother \$20

Hands & Feet

Signature Manicure

45 min \$45

Shaping of nails and cuticles, exfoliation of hands, light massage and polish application.

Gel Manicure

45 min \$55

Shellac, gel polish instantly dries, chip resistant and smudge proof.

Gel Polish Removal add \$30

Regular Polish Change

\$25

Gel Polish Only

\$35

Express Pedicure

45 min \$60

Let us do all the work! Treatment includes an invigorating foot soak, light exfoliation, nail care and foot massage. No polish.

Signature Pedicure

60 min \$65

Soak, shaping of nails and cuticles, exfoliation, foot massage, finished with your choice of regular polish.

Gel Pedicure

60 min \$75

Includes cuticle care, shaping of nails, foot scrub and massage, and gel polish.

Gel Polish Removal add \$30

Children's Services

Manicure \$20 | Pedicure \$30

Children under 12 with paid adult service.

Please note that if you have athlete's foot, nail fungus, or warts we cannot perform a hand or foot service.

If you have nail polish that needs removed, please let us know when you book the appointment as there will be an additional charge for this.

Just for Him

Men's Facial

30 min \$75 | 60 min \$95

Specifically designed for men. Addresses razor burn, ingrown hair and clogged pores.

Men's Pedicure

45 min \$60

Includes an invigorating foot soak, a light exfoliation, nail care and foot massage.

Hiker's Boot

45 min \$75

Ideal for exhausted feet. Enjoy a foot soak, scrub exfoliation, mud mask and a calf and foot massage.

Hand & Foot Soak

30 min \$50

Includes a 10-minute foot soak and 5-minute massage for each hand and foot.

Waxing

Face

Choose one \$15 | Choose two \$25

Eyebrow, lip, chin, nostril, cheek, forehead or ears.

Full Face \$50

Bikini \$40

Back \$35

Brazilian \$75

Arm \$30

Brazilian Revisit* \$50

Half Leg \$40

Full Leg \$65

*Brazilian Revisit must be pre-booked within 4 weeks of your last appointment.

Guidelines: Hair should be between 1/4 and 1/2 inch long. Steam, sauna or hydrotherapy not recommended after waxing services. Not recommended for pregnant women or guests using Retin-A, Accutane or Renova. Please refrain from caffeine three hours prior to your service. Cleansed skin prior to services will achieve best results.

Salt Room

Salt Room Session

30 min \$20

Salt therapy emulates the conditions inside a natural salt cave. Air infused with small particles of the highest quality salt. Relax and breathe easier as salt helps alleviate many skin and respiratory ailments.

One session included with \$50+ service.

Dry Sauna

Dry Sauna

30 min \$20

One session included with \$50+ service.

Packages

Build Your Own Package

Choose any 3 services over \$50 and get 10% off.

Not valid with any other discount. All services must be booked for the same day in order to receive discount.

Gift Certificates

Gift Certificates

Get the perfect gift for someone special.

Gift certificates can be purchased in-person or online.

Etiquette

Plan Ahead

We recommend scheduling your appointment prior to your visit. You may make an appointment in-person, over the phone or online.

Cancellations

Please provide a minimum of 24-hours notice for individuals and 48-hours for groups of 3 or more. No-shows and cancellations made with less than 24-hour notice will be charged the full service price.

Gratuities

Gratuities are not included in pricing. All gratuities for service providers are at the guest's discretion.

Arrival & Attire

Please arrive 15-20 minutes prior to your appointment. A robe and slippers will be provided for use during your visit.

Cell Phones

To ensure a relaxing environment for all spa guests, kindly turn off all cell phones before entering the spa.

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RunningY.com/SandhillSpa

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